

## All day Breakfast

*Pink Grapefruit Juice £4.50*

*Fresh Orange Juice or Golden Glow Elixir of Life £4.50*

*Kir Royale £8.50*

*Pim Hill Farm Organic Porridge with raisins £6.00*

*Add banana and berries £1.50*

*Scrambled Eggs -Smoked Salmon -Sour Dough-Crushed Avocado- Lemon wedge £13.50*

*Crushed Avocado-Poached Egg-Ricotta- Cherry Tomatoes -Chilli Flakes- Sour Dough £8.95*

*Scrambled Eggs & Crispy Bacon -Toast £8.95 (Or with Chorizo instead!)*

*Mushrooms on Toast - Truffle Oil £7.95 (add a poached egg for £1.50)*

*Home made Granola - Greek Yoghurt - Fresh Fruit - Drizzle of Honey - Chia Seeds £7.95*

*Toasted Ham and Cheese Croissant £5 Toasted Egg Bacon and Cheese Muffin £5*

*Bacon Butty served in White or Granary Toast £5*

*Smoked Salmon Bagel - Petit salad- Lemon wedge £6.50*

*Toast Of Your Choice with Organic Marmalade - Jam - Butter £3.50*

*Peanut Butter Bruschetta topped with Banana and Berries £7.50*

*Pancakes with Banana and Berries or Bacon and Maple ...£7.50 (served weekends only till 1230pm)*

### *Benedicts*

*Classic Benedict - Benedict Florentine - Benedict Royale £9.50*

*Benedict Mama Mia ( a combination of all the above) £13.50*

### *Big Breakfast and Omelettes*

*Nr 1. Two Eggs, Crispy Bacon Beans and Toast £8.95*

*Nr 2. Two Eggs, Crispy Bacon, Sausage Beans and Toast £9.50*

*Nr 3. Full English £10*

*Nr 4. Vegetarian Breakfast £8.95*

*Nr 5. Thinly Sliced Honey Roasted Ham - Eggs and Toast £8.50*

*Nr 6. Scrambled Eggs with Merguez and Jalapeño - Toast £9.50*

*Vine Tomato and Feta Omelette - Petit Salad and Toast £9.50*

*Spanish Tortilla ( chorizzo, red onions and potatoes) with Toast £11.50*

*Ricotta Fritata ( soft and creamy ricotta with spinach and tomatoes) with Toast £11.50*

### *Sandwiches*

*Croque Monsieur ( Toasted Ham and Cheese On Sour Dough) £5.95*

*B.L.T (crispy bacon, rocket and tomato -Ciabbata bread) £7.95*

*Chorizzo - Griddled Red Peppers, Tomatoes and Onions on Crusty Ciabbata £7.95*

*Classic Tricolore (buffalo mozzarella, sun dried tomatoes and basil) £7.95*

*Tuna Panini £7.95*

*Grilled Mediterranean Vegetables with Goats Cheese - Tatziki £8.95*

*Delicious Steak Sandwich - Finely diced Shallots, Rocket and Shaved Parmesan £9.50*

*Orange and Fennel - Chicken Panini £7.95*

*Please Advise us of any allergies!*

## Lunch/Brunch

*Soup of the day Served with Crunchy Bread £6.00*

*Mezze Selection with Toasted Pitta £7.95*

*Hummus and Pitta £6.50*

*Grilled Aubergine - Tatziki £6.95*

*Ratatouille and Pitta £6.50*

*Melanzane Parmigiana £10*

*Seared Chicken Livers- Caramelised Onions - Toast £8.50 (or served on a bed of salad)*

*Salad Caprese £7.95*

*Halloumi Salad £9.50*

*Rocket and Parmesan Salad £6.95*

*Chorizo and Cannellini Bean Pot £8.50*

*Side Order of Chips or Sweet Potato Chips £3.95*

### *Delicious Platters of Salads*

*(two choices for £13.50 or three for £15)*

*Butter Lettuce and Avocado Salad £5.95*

*Crunchy Raw Beetroot Salad with Feta and Pears £7.95*

*Roast Chicken & Fennel & Orange - Lots of Fresh Herbs and Red Chillies £8.50*

*Salade Niçoise £10.95*

*Lentil Salad with lots of Herbs -Dried Fruits and Nuts £8.95*

*Greek Salad with Griddled Pitta £7.95*

*Quinoa & Black Rice with Roast Sweet Potato and Pomegranate £10.95*

*Grilled Salmon Fillet (200Gr of freshly grilled fillet) £8.50*

*Grilled Rib Eye (200 Gr Fillet of Beef - Grilled to your liking) £10*

### *Grills - Pasta*

*Steak and Chips- Hollandaise Sauce- Grilled Tomato £15.00*

*Lamb Kofta - Cumin spiced Tomato & Red Onion salad - Toasted Pitta & Tatziki £13.50*

*Fish Of The Day (please ask your server) £14.50*

*Linguini Bolognese £11.50*

*Tiger Prawn Linguini (cherry tomatoes, garlic, rocket and chillies - splash of white wine) £13.50*

*Pan Fried Gnocchi-Sun dried Tomatoes,Olives, Goats Cheese and Red Pepper Sauce £11.50*

*Risotto Ratatouille - Gratin of Goats Cheese £9.50*

*Penne L'arrabiatta £9.50*

*Please advise us of any allergies or food intolerances!*